



EGC Concussion Policy

Background

This policy has been prepared to assist club officials deal with situations of (suspected) concussion.

It recognises that:

- EGC does not have the depth of trained medical support staff that are available to professional or other elite level sporting teams.
- EGC does not have the depth of resources to undertake concussion baseline testing.
- The decisions made by coaches and managers with respect to cases of suspected concussion will in all likelihood be made without any input from a medical professional. Typically advice from a medical professional will only be available in the fortuitous event that a professional happens to be a participant or spectator at the event.

Policy

EGC will adopt a conservative approach to cases of actual or suspected concussion. As a result:

- If somebody suffers a collision or a blow to the head and shows signs or symptoms of concussion they must not be allowed to return to the match/training session.
- To aid with identifying whether the player has a concussion, the Concussion Recognition Tool (CRT6) is to be used.
- If there is any doubt as to whether somebody is suffering from concussion, they must not be allowed to return to the match/training session.
- In the event that the parent/partner of the player believes that the player should not return to the match/training session then the player must not be allowed to return to the match/training session (even if the coach/manager/player concerned believes that the player is fit to return).
- Based on the finding of the CRT6, players should be referred directly to an Emergency Department (potentially by ambulance) or Health Care Professional depending on the level of symptoms.
- The Team Manager or Coach will complete a Hockey Australia Concussion Report Form which is to be collected by the Club Concussion Officer.
- The player should not be allowed to drive themselves home from the event.



Post Concussion Clearance:

In line with the updated protocols from the Australian Sports Commission (ASC) and the Australian Institute of Sport (AIS) a player must meet the following criteria and sign the club's Post Concussion Clearance Declaration (attached to this policy):

1. The player is to be symptom free for 14 days prior to returning to training.
2. The player will need a minimum of 21 days following concussion before returning to competition

Club Concussion Officer:

The Club shall appoint a Concussion Officer. This Officer is not responsible for assessing concussion but receives information from Health Care professionals, the player, parents and any other relevant stakeholders and makes decisions on the graduated return to training and competition based on the gathered information

EGC will seek to ensure that all members have access to a copy of this policy. The club will also ensure all coaches and managers have access to the CRT6 and Concussion Report Forms.



Post Concussion Clearance Declaration

Date of Incident:/...../.....

I, do solemnly and sincerely declare that I have been symptom free for 14 days post my incident date. I also declare that I will inform the club's Concussion Officer if I develop any symptoms of concussion after signing this declaration.

Signature of Player (*or Guardian if under 18 years of age*):

..... Date:/...../.....

Guardian's Name: (*if applicable*)

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Club Admin:

Received by: Date:...../...../.....